

# Help and Improvement

## WORD LIST

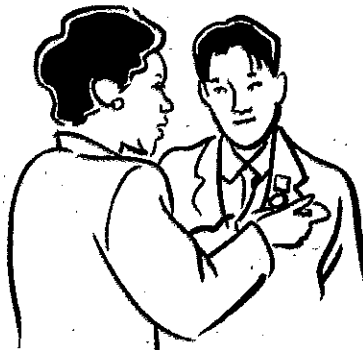
abet	bestow	deliverance	expedite	haven
intercede	offset	pacify	refurbish	sanctuary

“No man is an island.” This famous quotation implies that no one can operate without the help and support of others. The words in this lesson relate to ways that we can give and receive help, and improve the lives of ourselves and others.

1. **abet** (ə-bēt') *verb* from Latin *ad-*, “to” + *beter*, “bait”  
To encourage or assist, particularly in doing something wrong
- A person who **abets** the criminal actions of another may also be found guilty of a crime.

**abettor** *noun* The **abettors** of terrorism will be caught and punished.

2. **bestow** (bĭ-stō') *verb* from Old English *bi-*, “be” + *stow*, “place”  
To give or present, especially as a gift or an honor
- The award was **bestowed** upon the artist for her lifetime achievements.



bestow

3. **deliverance** (dĭ-lĭv'ər-əns) *noun* from Latin *liberare*, “to free”  
Liberation; rescue from slavery, capture, or danger
- An 1841 shipwreck meant **deliverance** for Africans on a slave ship, who were freed when they swam ashore to British colonies.
4. **expedite** (ĕk'spĭ-dīt') *verb* from Latin *expedire*, “to set free”
- To speed up or help the progress of
    - Our business often uses express mail to **expedite** delivery of packages.
  - To do quickly and efficiently
    - The company president trusted her assistant to **expedite** her orders.

**expeditious** *adjective* During the fire drill, the students filed out of the building in an **expeditious** manner.

5. **haven** (hā'vən) *noun*  
A place of refuge or safety
- During unstable political times, embassies are often **havens** for travelers stranded in foreign countries.

*Deliverance* is taken from the verb *deliver*.

A *haven* can also be a port or harbor.

6. **intercede** (in'tar-sēd') *verb* from Latin *inter-*, "between" + *cedere*, "to go"
- To mediate or help in a problem between others
    - The referee **interceded** when the two coaches started shouting at each other.
  - To plead for another
    - The relief agency **interceded** on behalf of refugees, calling for additional aid.

**intercession** *noun* When the nurse was falsely accused of stealing, the doctor's **intercession** helped prevent the loss of her job.

7. **offset** (ôf'sēt') *verb*  
To make up for; to compensate for; to counteract
- The runner **offset** her slow time in the first lap, by speeding up her pace in the next two.

8. **pacify** (pās'ə-fī') *verb* from Latin *pax*, "peace" + *facere*, "to make"
- To calm anger
    - When the singer failed to appear at the concert, the management issued refunds to **pacify** the crowd.
  - To establish peace; to end fighting or violence
    - The treaty **pacified** regions that had been at war for centuries.

**pacification** *noun* In the last few years, several nations have been involved in the **pacification** of Northern Ireland.

9. **refurbish** (rē-fūr'bīsh) *verb*  
To clean, renew, repair, or refresh
- Anthony made a business of buying used computers, **refurbishing** them, then selling them for profit.

**refurbishment** *noun* After its **refurbishment**, the old sofa looked new.

10. **sanctuary** (sāngk'chōō-ēr'ē) *noun* from Latin *sanctus*, "sacred"
- Any place of safety or protection
    - The animals roamed freely in the wildlife **sanctuary**.
  - A holy place; a house of worship
    - The organ was playing as we entered the **sanctuary** to pray.

## WORD ENRICHMENT

### Words of peace

The word *pacific* comes from the Latin word *pax*, meaning "peace." Other English words come from this root, including *peace* itself. A *pact*, or "agreement," also comes from *pax*, as does *appease*, which means to calm, usually by giving into demands.

The name of one of the world's great oceans comes from *pax*. In 1513, Spanish explorer Vasco Nunez de Balboa crossed the Isthmus of Panama and saw an ocean. So peaceful did it appear, he named it the *Pacific*.

Offset can also be used as a noun, as in "The refund was an *offset* for her overpayment."